

## May 2021

HS GRAB & GO CHOICES
Cereal
Cereal Bar
Fruit
Yogurt
Milk
Juice

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3	4 French Toast Cheesy Chicken/Rice	5 <u>Oatmeal/ Muffin</u> Pizza	6 <u>Sausage Biscuit</u> Burrito	7 <u>Biscuit and Gravy</u> Corn Dog Nuggets	8
	NO SCHOOL	Broccoli Cinnamon Apples	Carrot/Dip Mango Brownie	Refried Beans Lettuce Salsa /Cheese Pears	Chips Green Beans Peaches	
9	10 Oatmeal/Muffin	11 French Toast	12 Scrambled Eggs/Toast	13 Cinnamon Roll	14 Biscuit and Gravy	15
	Cheese Burger Fires Mixed Fruit Corn	Chicken Patty/Bun Chips Carrots/Dip Cinnamon Apples No Bake Cookie	Lasagna Bread Stick Broccoli Banana	Cooks Choice Fries Salad Pineapple	Popcorn Chicken Fries Green Beans Grapes	
16	17	18 Pancakes Sausage	19 Breakfast Burrito	20 Sausage Biscuit	21 Biscuits and Gravy	22
	NO SCHOOL	Walking Tacos Corn Bread Strawberries Corn Brownies	Pizza Carrots/Dip Mixed Fruit Jello	Chicken Enchilada Refried Beans Lettuce/Salsa Pears	Corn Dog Nuggets Chips Green Beans Peaches	
23	24	25	26	27	28	29

<sup>&</sup>quot;This institution is an equal opportunity provider." On June 2, 2015 the Office of the Assistant Secretary for Civil Rights' Policy staff, released Departmental Regulation (DR) 4300-003, Equal Opportunity Public Notification Policy. The DR updates the nondiscrimination Statement and the "And Justice for All" poster. Provided is a link to the DR - <a href="http://dese.mo.gov/sites/default/files/DR-EquallOpportunity.pdf">http://dese.mo.gov/sites/default/files/DR-EquallOpportunity.pdf</a>. Please note, the USDA Nondiscrimination Statement provided above is appropriate for all Child Nutrition Programs